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Developing Gestalt Counselling (Developing Counselling Series)



Synopsis

`In this eminently sensible, practical and thought-provoking book, Jennifer Mackewn takes gestalt light years forwards towards a synthesis and integration of psychological styles and away from what she describes as "Perlism". I agree with her: this is a book for therapists, not principally for gestaltists... In inviting the reader to "pick and choose" from the many and varied, always practical, hands-on approach chapters... Jennifer Mackewn hopes we will both enjoy her book and find it of use. This reader, commending the book to you all, has no doubt that both her hopes will be fulfilled'

- Self & Society Describing contemporary integrative Gestalt counselling and psychotherapy, this book addresses 30 key issu

Book Information

Series: Developing Counselling series (Book 8)

Paperback: 272 pages

Publisher: SAGE Publications Ltd; 1 edition (November 24, 1997)

Language: English

ISBN-10: 0803978618

ISBN-13: 978-0803978614

Product Dimensions: 5.2 x 0.6 x 8.5 inches

Shipping Weight: 14.1 ounces (View shipping rates and policies)

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Customer Reviews

In the evolving theory of gestalt therapy, Jennifer MacKewn takes a readable, leading and positive stance on gestalt therapy. Content-wise it would have probably been called "gestalt therapy integrated", would the Polsters not have claimed that title. I found this book comparably eloquent. Whilst a book may not be the most powerful way of grasping gestalt concepts, MacKewn provides case studies, illustrations and comprehensive referencing to enhance access & ground her claims.

I had a pleasant surprise with this book. Not just a theory discussion, this book is a nice overview of the "how to" of a practitioner who uses gestalt. I highly recommend it to those embarking on

integrating gestalt in their work.

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